

THE GOURMET GANG

GOURMETGANG.COM

PASTA DJOUR

Sundried Tomato Penne Pasta

red and yellow bell peppers, sundried tomato pesto and fresh parmesan

SANDWICH SPECIAL

Turkey Portobello Sandwich

with cheddar cheese on rosemary ciabatta
8.25

SALAD SPECIAL

Grilled Pineapple & Avocado Salad Bowl

with jalapenos, onions, cilantro, Jasmine rice, spinach blend with a citrus vinaigrette 8.75

Signature Sandwiches

Artisan Style Breads Available

French Baguette, Ciabatta, Multigrain Ciabatta, Sundried Tomato Ciabatta, Stirato

Chicken

Santa Fe Chicken roasted red peppers, melted cheddar, red pepper mayo, french baguette 7.50

Traditional Chicken Salad field greens, roma tomatoes, french baguette 7.50

Blackened Chicken Breast provolone cheese, roasted red peppers, red pepper mayo, french baguette 7.50

Southwestern Wrap spicy chicken breast, jasmine rice, black bean & corn salsa, sun dried tomato wrap 7.25

Teriyaki Chicken Wrap grilled chicken, jasmine rice, pineapple salsa, oriental ginger dressing, garlic wrap 7.25

Chicken Cordon Bleu grilled chicken, ham, swiss cheese, honey mustard, ciabatta bread 7.95

Seafood

Albacore Tuna Salad celery, scallions, mayo, field greens, roma tomatoes, french baguette 7.75

Baked Crab Cake field greens, roma, tomatoes, red pepper mayo, french baguette 8.75

Tequila Lime Shrimp Wrap marinated shrimp, jasmine rice, zesty lime mayo, pineapple salsa, garlic wrap 8.75

Shrimp Banh Mi marinated shrimp, fresh jalapenos, radish slices and a vietnamese slaw (carrots, bean sprouts, basil, onion & cilantro) sriracha, vegan mayo, french baguette 10.25

Signature Deli

North Carolina BBQ with traditional coleslaw on a french baguette 7.25

Smoked Gouda & Spinach Blend Club turkey, ham, caramelized onions, Dijon mustard, stirato bread 7.95

Vegetarian

Fresh Mozzarella roma tomatoes, basil mayo, cracked pepper & sea salt, ciabatta 6.95

Grilled Vegetables assorted seasonal grilled vegetables, provolone cheese, basil mayo, french baguette 7.25

Spinach Wrap spinach with feta, egg & bread crumbs, field greens, tomatoes, red pepper mayo, spinach wrap 6.95

Smoked Gouda & Spinach Blend caramelized onions, dijon mustard, stirato bread 6.95

Vegan

Southwestern Vegan Burger roasted corn, peppers, onions, green chilies, jasmine rice, black beans, cilantro, roma tomatoes, field greens, avocado, vegan mayo, tomato wrap 8.00

Tofu Banh Mi marinated tofu, fresh jalapenos, radish slices and a vietnamese slaw (carrots, bean sprouts, basil, onion & cilantro) sriracha, vegan mayo, french baguette 7.95

Smoked Tempeh & Avocado lettuce, roma tomatoes, avocado, vegan mayo, french baguette 7.95

Accompaniments

Fruit Salad 2.25 Traditional 2.25
\$7.00lb Potato Salad

Mediterranean 2.25 Pasta Special 2.25
Pasta /\$6.50lb \$6.50lb

Chips: \$1.50 **Gluten Free**

Plain Funky Fusion Jalapeno
Maui Onion Salt & Pepper BBQ
Salt & Vin Sour Cream Reduced Fat
Sweet Potato

Cookies: \$1.50 ea

Choc. Chip Heath Oatmeal

Dessert Bars: \$2.50 ea

Pecan Cappuccino Luscious Lemon
Marble Cheesecake Oreo Dream Bar

Peanut Butter Brownie Bar \$1.75

Chocolate Drizzle Rice Crispy Treat \$2.50

Italian Wedding Cake Slice \$3.00

Dessert Bar Platter (32 asst. mini bars) \$28.00

Mini Cookie Box (40 asst. mini cookies) \$14.00

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YOU WILL NEVER HAVE
THIS DAY AGAIN,
SO MAKE IT COUNT.

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Artisan Salads, Plates & Scoops

*Ask Us About Our Gluten Free Salad Options

All Of Our Hand Cut Chicken, Seafood or Deli Options May Be Added To Any Salad

Grilled, Blackened or Santa Fe Chicken \$2.25 - Tequila Lime Tofu \$2.25 - Tequila Lime Shrimp \$5

Baja Chicken Salad santa fe chicken breast, black bean & corn salsa, roma tomatoes, tri-color tortilla strips, cilantro vinaigrette 8.75

Chinese Chicken Salad grilled chicken, oriental blend, red peppers, snow peas, green onion, black sesame seeds, wonton noodles, ginger dressing 8.75

Italian Salad spinach blend, red onion, grape tomatoes, parmesan cheese, genoa salami, banana peppers, Italian vinaigrette 9.25

Classic Caesar shaved parmesan, croutons, mediterranean pasta 7.00

With blackened chicken 8.75

California Cobb turkey, bacon, roma tomatoes, boiled egg, bleu cheese, croutons, mixed greens, bleu cheese dressing 8.75

Classic Chef turkey, ham, roma tomatoes, boiled egg, cucumbers, cheddar, homemade croutons, mixed greens, choice of dressing 8.75

Strawberry Bleu Salad sliced strawberries, bleu cheese crumbles, spiced walnuts on a bed of field greens with balsamic vinaigrette 8.75

Greek feta, sundried tomatoes, red onion, cucumbers, kalamata olives, red peppers, banana peppers, croutons, mixed greens, balsamic vinaigrette 8.50

Fresh Garden Salad mixed greens, cucumbers, roma tomatoes, croutons, choice of dressing 5.95

Side Caesar romaine, parmesan cheese, croutons, caesar dressing 4.00

Side Garden mixed greens, cucumbers, roma tomatoes, croutons, choice of dressing 4.00

Salad Plates & Scoops

Mini Quiche Plate with Fresh Fruit 8.50

6 inch traditional quiche served with fresh fruit. Choose from:
Ham & Cheese or Spinach & Cheese

Asian Noodle Bowl with linguine, bok choy, peanuts and basil with an asian style dressing 7.95

Add On: Gr. Chicken \$2.25, Tofu \$2.25, Tequila Lime Shrimp \$5

Chicken Salad Plate traditional chicken salad with fresh fruit & pasta d'jour 7.25

Albacore Tuna Salad Plate Albacore tuna salad with fresh fruit & pasta d'jour 8.25

Traditional Chicken Salad Scoop 3.95

with cracker packages

Albacore Tuna Salad Scoop 4.95

with cracker packages

Signature Dressings: Balsamic Vinaigrette, Ranch, Honey Mustard, Bleu Cheese, Caesar, Cilantro Vinaigrette, Oriental Ginger, Italian Vinaigrette

Packets: FF Ranch, FF Italian, FF Raspberry vinaigrette, French

Beverages

BEVERAGES \$1.89 Coke, Diet Coke, Sprite, Water, Perrier, Sparkling Smart

Water **Honest-Teas:** Tea & Lemonade, Pomegranate Blue

PEAK TEAS: \$1.89 Green Tea, Diet Tea, Sweet Tea, Unsweet Tea, Peach Tea, Raspberry Tea

Gallon Beverages: \$10 ea Half Gallon Beverages \$5.50 ea: Iced Tea or Lemonade

Plate, napkin, cup, and plastic utensils: \$.50per person

PICK UP: _____ DELIVERY _____

12.5% added to all delivery orders - \$1.00 Minimum
Delivery Time: _____ Allow Minimum of 45 Minutes