menu features:

chicken

Santa Fe Chicken roasted red peppers, melted cheddar, red pepper mayo, french baguette $7.50

Traditional Chicken Salad field greens, tomatoes, french baguette $7.50

Blackened Chicken Breast provolone cheese, roasted red peppers, red pepper mayo, french baguette $7.60

Southwestern Wrap spicy chicken, jasmine rice, black bean & corn salsa, sundried tomato wrap $7.25

Teriyaki Chicken Wrap grilled chicken, jasmine rice, pineapple salsa, oriental ginger dressing, garlic wrap $7.25

Chicken Cordon Bleu grilled chicken, ham, swiss cheese, honey mustard, ciabatta bread $7.95

deli

Turkey and Provolone fresh basil mayo, roasted red peppers, french baguette $6.75

Sammie Wammie turkey, thousand Island dressing, coleslaw, swiss cheese, ciabatta $7.25

Ham & Swiss chipotle pepper & adobo mayo, field greens, tomatoes, ciabatta $7.25

Roast Beef, Bacon & Cheddar premium roast beef, horseradish mayo, french baguette $7.25

Italian Sandwich hard salami, feta, red onion, dijon mustard, sundried tomato ciabatta, side of balsamic vinaigrette $7.25

Club Sandwich roast beef, turkey, bacon, provolone, lettuce, tomato, horseradish mayo, french baguette $7.95

Ham and Provolone honey mustard, field greens, multigrain ciabatta $7.25

North Carolina BBQ traditional coleslaw on a french baguette $7.25

Smoked Gouda & Spinach Blend Club turkey, ham, caramelized onions, Dijon mustard, strato bread $7.95

vegetarian

Fresh Mozzarella tomatoes, basil mayo, cracked pepper & sea salt, ciabatta $8.95

Grilled Vegetables seasonal grilled vegetables, provolone, basil mayo, french baguette $7.25

Spinach Wrap spinach with feta, egg & bread crumbs, field greens, tomatoes, red pepper mayo, spinach wrap $5.95

vegan

Smoked Tempeh & Avocado lettuce, tomatoes, avocado, vegan mayo, french baguette $7.95

Southwestern Vegan Burger roasted corn, peppers, onions, green chilies, jasmine rice, black beans, cilantro, tomatoes, field greens, avocado, vegan mayo, tomato wrap $8.00

seafood

Albacore Tuna Salad celeriy, scallions, mayal, field greens, tomatoes, french baguette $7.75

Baked Crab Cake field greens, tomatoes, red pepper mayo, french baguette $8.75

Tequila Lime Shrimp Wrap marinated shrimp, jasmine rice, lime mayo, pineapple salsa, garlic wrap $8.75

artisan salads & scoops

Signature Dressings:

Balsamic Vinaigrette, Ranch, Honey Mustard, Bleu Cheese, Caesar, Cilantro Vinaigrette, Oriental Ginger, Italian Vinaigrette

Packets:

FF Ranch, FF Italian, FF Raspberry Vinaigrette, French

Additions for Any Salad or Grab & Go Bowl:

Grilled, Blackened or Santa Fe Chicken | Tofu Djour $2.25 | Tequila Lime Shrimp $5 | Grilled Veggies $1.50

Asian Noodle Bowl

with udon, bok choy, peanuts, fresh basil with an asian style dressing $7.95

Quinoa Crusted Tofu Salad Bowl

cubed, tuxedo orzo pasta, spinach blend, sesame pickled vegetables, and a soy dipping sauce $9.25

Mini Spinach & Cheese Quiche Plate

with fresh fruit 6-inch traditional quiche served with fresh fruit. $8.50

GRAB & GO

Mini Ham & Cheese Quiche Plate

with Fresh Fruit 6-inch traditional quiche served with fresh fruit. $8.95

Baja Chicken Salad santa fe chicken breast, black bean & corn salsa, roma tomatoes, tri-color tortilla strips, cilantro vinaigrette $8.75

Chinese Chicken Salad grilled chicken, oriental blend, red peppers, snow peas, green onion, black sesame seeds, wontons, ginger dressing $8.75

Italian Salad spinach blend, red onion, grape tomatoes, parmesan cheese, genoa salami, banana peppers, italian vinaigrette $9.25

Classic Caesar shaved parmesan, croutons, mediterranean pasta $7.00

With blackened chicken $8.75

California Cobb turkey, bacon, roma tomatoes, boiled egg, bleu cheese, croutons, mixed bleu cheese dressing $8.75

Chicken Salad Plate traditional chicken salad with fresh fruit & pasta $12.95

Caesar Salad Plate albacore tuna salad with fresh fruit & pasta $12.25

Chinese Chicken Salad grilled chicken, oriental blend, red peppers, snow peas, green onion, black sesame seeds, wontons, ginger dressing $8.75

Classic Caesar shaved parmesan, croutons, mediterranean pasta $7.00

With blackened chicken $8.75

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Classic Caesar shaved parmesan, croutons, mediterranean pasta $7.00

With blackened chicken $8.75

California Cobb turkey, bacon, roma tomatoes, boiled egg, bleu cheese, croutons, mixed bleu cheese dressing $8.75

Chicken Salad Plate traditional chicken salad with fresh fruit & pasta $12.95

Caesar Salad Plate albacore tuna salad with fresh fruit & pasta $12.25

Classic Chef turkey, ham, roma tomatoes, boiled egg, cucumbers, cheddar, homemade croutons, mixed greens, choice of dressing $8.75

Greek Salad feta, sundried tomatoes, red onion, cucumbers, kalamata olives, red peppers, banana peppers, croutons, mixed greens, balsamic vinaigrette $8.60

Strawberry Bleu Cheese Salad fresh strawberries, bleu cheese crumbles, spiked walnuts over a bed of field greens with balsamic vinaigrette $8.75

Fresh Garden Salad mixed greens, cucumbers, roma tomatoes, croutons, choice of dressing $5.95

Side Caesar romaine, parmesan cheese, croutons, served with caesar dressing $4.00

Side Garden mixed greens, cucumbers, roma tomatoes, croutons, choice of dressing $5.95

Traditional Chicken Salad Scoop with cracker packages $3.95

Traditional Tuna Salad Scoop with cracker packages $4.95

accompaniments, desserts, beverages

We offer a wide range of Coca-Cola, Peak Teas & Honest Tea Products at every location. Individual Sodas / Tea $1.99 ea.

62oz Growlers: $9.50 ea | Iced Tea or Lemonade | Available for Pick up or Delivery

THE GOURMET GANG

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SOUPS

BROCCOLI CHEESE with crackers $4.95

PASTA

SUNDRIED TOMATO PENNE with red & yellow bell peppers, sundried tomato pesto and fresh parmesan cheese

SANDWICH

BURRATA SANDWICH

grilled chicken on ciabatta bread with fresh mozzarella cheese, basil mayo and sundried tomatoes $8.95

DELIVERY

Power Napa Cabbage

kale, purple cabbage blend, shredded carrots, sliced brussel sprouts, toasted almonds, seasoned ramen noodles, red peppers, edamame, mangeese, spring onions and a sweet soy vinaigrette $7.95

Dessert Bar Platter $28.00

Signature Desserts:

Peanut Butter Brownie $1.75

Rice Crispy Treat $2.50

Italian Wedding Cake $3.00

PICK UP DELIVERY

12.5% added to all delivery orders - $1.00 Min

Delivery Time: *

Allow Minimum of 45 Minutes

"Blossom By Blossom The Spring Begins"- Alphonse Charle Swainburne
gourmetgang.com