

# THE GOURMET GANG

GOURMETGANG.COM

9-30 / 10-4

## GRAB & GO:

### Broccoli Quiche

6-inch traditional quiche served with fresh fruit  
\$8.50

### Farro with Beets & Mandarin Oranges Bowl

with radish, tarragon, walnuts, mandarin oranges, feta cheese and a shallot vinaigrette  
\$8.75

### Asian Noodle Bowl (V)

with linguine, bok choy, peanuts, fresh basil with an asian style dressing  
\$7.95

## sandwiches

**Artisan Style Breads Available:** French Baguette, Ciabatta, Multigrain Ciabatta, Sundried Tomato Ciabatta

### chicken

**Santa Fe Chicken** roasted red peppers, melted cheddar, red pepper mayo, french baguette \$7.50

**Traditional Chicken Salad** field greens, tomatoes, french baguette \$7.50

**Blackened Chicken Breast** provolone cheese, roasted red peppers, red pepper mayo, french baguette \$7.25

**Southwestern Wrap** spicy chicken, jasmine rice, black bean & corn salsa, sundried tomato wrap \$7.25

**Teriyaki Chicken Wrap** grilled chicken, jasmine rice, pineapple salsa, oriental ginger dressing, garlic wrap \$7.25

**Chicken Cordon Bleu** grilled chicken, ham, swiss cheese, honey mustard, ciabatta bread \$7.95

### deli

**Turkey and Provolone** fresh basil mayo, roasted red peppers, french baguette \$6.75

**Sammie Wammie** turkey, thousand Island dressing, coleslaw, swiss cheese, ciabatta \$7.25

**Ham & Swiss** chipotle pepper & adobo mayo, field greens, tomatoes, ciabatta \$7.25

**Roast Beef, Bacon & Cheddar** premium roast beef, horseradish mayo, french baguette \$7.25

**Italian Sandwich** hard salami, feta, red onions, field greens, sundried tomato ciabatta, side of balsamic vinaigrette \$7.25

**Club Sandwich** roast beef, turkey, bacon, provolone, lettuce, tomato, horseradish mayo, french baguette \$7.95

**Ham and Provolone** honey mustard, field greens, multigrain ciabatta \$7.25

**North Carolina BBQ** traditional coleslaw on a french baguette \$7.25

**Smoked Gouda & Spinach Blend Club** turkey, ham, caramelized onions, Dijon mustard, ciabatta bread \$7.95

### vegetarian

**Fresh Mozzarella** tomatoes, basil mayo, cracked pepper & sea salt, ciabatta \$6.95

**Grilled Vegetables** seasonal grilled veggies, provolone, basil mayo, french baguette \$7.25

**Spinach Wrap** spinach with feta, egg & bread crumbs, field greens, tomatoes, red pepper mayo, spinach wrap \$6.95

### vegan

**Smoked Tempeh & Avocado** lettuce, tomatoes, avocado, vegan mayo, french baguette \$7.95

**Southwestern Vegan Burger** roasted corn, peppers, onions, green chilies, jasmine rice, black beans, cilantro, tomatoes, field greens, avocado, vegan mayo, tomato wrap \$8.00

### seafood

**Albacore Tuna Salad** celery, scallions, mayo, field greens, tomatoes, french baguette \$7.75

**Baked Crab Cake** field greens, tomatoes, red pepper mayo, french baguette \$8.75

**Tequila Lime Shrimp Wrap** marinated shrimp, jasmine rice, zesty lime mayo, pineapple salsa, garlic wrap \$8.75

## CHEF SPECIALS

### PASTA

#### Spinach Pesto

with sundried tomatoes, fennel, and parmesan cheese

### SANDWICH

#### Bratwurst with Peppers & Onions

sliced bratwurst with peppers & onions, provolone cheese and dijon mustard on a french baguette  
\$7.50

## artisan salads & scoops

**Signature Dressings:** Balsamic Vinaigrette, Ranch, Honey Mustard, Bleu Cheese, Caesar, Cilantro Vinaigrette, Oriental Ginger, Italian Vinaigrette

**Packets:** FF Ranch, FF Italian, FF Raspberry Vinaigrette, French

**Additions for Any Salad or Grab & Go Bowl:**

**Grilled, Blackened or Santa Fe Chicken | Tofu D'Jour \$2.25 | Tequila Lime Shrimp \$5 | Grilled Veggies \$1.50**

**Baja Chicken Salad** santa fe chicken breast, black bean & corn salsa, roma tomatoes, tri-color tortilla strips, cilantro vinaigrette \$8.75

**Chinese Chicken Salad** grilled chicken, oriental blend, red peppers, snow peas, green onion, black sesame seeds, wontons, ginger dressing \$8.75

**Italian Salad** spinach blend, red onion, grape tomatoes, parmesan cheese, genoa salami, banana peppers, italian vinaigrette \$9.25

**Classic Caesar** shaved parmesan, croutons, mediterranean pasta \$7.00  
With blackened chicken \$8.75

**California Cobb** turkey, bacon, roma tomatoes, boiled egg, bleu cheese, croutons, mixed greens, bleu cheese dressing \$8.75

**Chicken Salad Plate** traditional chicken salad with fresh fruit & pasta d'jour \$7.25

**Albacore Tuna Salad Plate** albacore tuna salad with fresh fruit & pasta d'jour \$8.25

**Classic Chef** turkey, ham, roma tomatoes, boiled egg, cucumbers, cheddar, homemade croutons, mixed greens, choice of dressing \$8.75

**Strawberry Bleu Salad** fresh strawberries, bleu cheese crumbles, spiced walnuts on a bed of field greens with balsamic vinaigrette \$8.75

**Greek Salad** feta, sundried tomatoes, red onion, cucumbers, kalamata olives, red peppers, banana peppers, croutons, mixed greens, balsamic vinaigrette \$8.50

**Fresh Garden Salad (V)** mixed greens, cucumbers, roma tomatoes, croutons, choice of dressing \$5.95

**Side Caesar** romaine, parmesan cheese, croutons, served with caesar dressing \$4.00

**Side Garden (V)** mixed greens, cucumbers, roma tomatoes, croutons, choice of dressing \$4.00

**Traditional Chicken Salad Scoop** with cracker packages \$3.95 or \$7.99/lb

**Traditional Tuna Salad Scoop** with cracker packages \$4.95 or \$11.50/lb

## accompaniments, desserts, beverages

**We offer a wide range of Coca-Cola, Peak Teas & Honest Tea Products at every location. Individual Sodas/Teas \$1.99 ea**

64oz Growlers: \$9.50 ea | Iced Tea or Lemonade | Available for Pick up or Delivery

### ACCOMPANIMENTS \$2.25 ea

Pasta D'jour  
Mediterranean Pasta  
Dill Potato Salad  
Fruit Salad (V)

### CHIPS \$1.50 ea

Plain  
Sour Cream  
Sweet Potato  
BBQ  
Funky Fusion  
Salt & Pep  
Salt & Vinegar  
Catering Chip Bowl \$8.00  
Jalapeno

### COOKIES \$1.50 ea

Chocolate Chip  
Heath Bar  
Triple Chocolate  
Cookie Box \$14.00

### DESSERT BARS \$2.50 ea

Pecan Cappuccino  
Luscious Lemon  
Marble Cheesecake  
Oreo Dream Bar

### SIGNATURE DESSERTS

Peanut Butter Brownie \$1.75  
Rice Crispy Treat \$2.50  
Dessert Bar Platter \$28.00  
Italian Wedding Cake \$3.00

### PICK UP \_\_\_\_\_ DELIVERY \_\_\_\_\_

**12.5%** added to all delivery orders - \$1.00 Min

Delivery Time: \_\_\_\_\_

Allow Minimum of 45 Minutes

"Creativity Takes Courage"

- Henri Matisse