



THE GOURMET GANG



GRAB & GO CHEF SPECIALS AND ENTREES: 01-11 • 01-15

PLEASE NOTE ALL ENTREES ARE SENT COLD WITH RE-HEATING INSTRUCTIONS

Napa Cabbage Salad Bowl kale, purple cabbage blend, shredded carrots, sliced brussels sprouts, toasted almonds, seasoned ramen noodles, diced red peppers, edamame, mangoes, spring onions and a sweet soy vinaigrette \$7.99	Asian Noodle Bowl (V) soy ginger marinated linguine, with bok choy, edamame, green onions diced red peppers, and peanuts \$7.95	Broccoli Cheese Soup served with a half baguette \$5.95 PLEASE NOTE: SOUP IS SENT COLD	Homestyle Meatloaf served with macaroni & cheese \$9.95	Chicken Marsala served with wild rice pilaf \$7.50	Curried Tofu Couscous with roasted winter vegetables \$8.95
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CHEF SPECIALS: 01-11 • 01-15

Ham Quiche 6-in traditional quiche served with fresh fruit \$8.75	Croissant Sandwich Egg Salad \$7.25 Chicken Salad \$7.95 Albacore Tuna Salad \$9.95	Curry Chicken Salad Wrap with red grapes and walnuts on spinach wrap \$7.50	Middle Eastern Couscous israeli couscous & black japonica rice salad with raisins, almonds and spring onions tossed in a basil vinaigrette
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sandwiches

chicken

- Santa Fe Chicken** roasted red peppers, melted cheddar, red pepper mayo, french baguette \$7.50
- Traditional Chicken Salad** field greens, tomatoes, french baguette \$7.50
- Blackened Chicken Breast** provolone cheese, roasted red peppers, red pepper mayo, french baguette \$7.95
- Southwestern Wrap** spicy chicken, jasmine rice, black bean & corn salsa, sundried tomato wrap \$7.25
- Teriyaki Chicken Wrap** grilled chicken, jasmine rice, pineapple salsa, oriental ginger dressing, garlic wrap \$7.25
- Chicken Cordon Bleu** grilled chicken, ham, swiss cheese, honey mustard, ciabatta bread \$7.95

deli

- Turkey and Provolone** fresh basil mayo, roasted red peppers, french baguette \$7.25
- Sammie Wammie** turkey, thousand Island dressing, coleslaw, swiss cheese, ciabatta \$7.95
- Ham & Swiss** chipotle pepper & adobo mayo, field greens, tomatoes, ciabatta \$7.25
- Roast Beef, Bacon & Cheddar** premium roast beef, horseradish mayo, french baguette \$8.75
- Italian Sandwich** hard salami, feta, red onions, field greens, sundried tomato ciabatta, side of balsamic vinaigrette \$7.95
- Club Sandwich** roast beef, turkey, bacon, provolone, lettuce, tomato, horseradish mayo, french baguette \$8.95
- Ham and Provolone** honey mustard, field greens, multigrain ciabatta \$7.95
- Carolina Style Pulled Pork** In house smoked pork butt with Alabama white sauce and cole slaw on ciabatta \$8.25

vegan & vegetarian

- Fresh Mozzarella** tomatoes, basil mayo, cracked pepper & sea salt, ciabatta \$7.95
- Grilled Vegetables** seasonal grilled veggies, provolone, basil mayo, french baguette \$7.95
- (V) Smoked Tempeh & Avocado** lettuce, tomatoes, avocado, vegan mayo, french baguette \$8.95
- (V) Southwestern Vegan Burger** roasted corn, peppers, onions, green chilies, jasmine rice, black beans, cilantro, tomatoes, field greens, avocado, vegan mayo, tomato wrap \$7.95

seafood

- Albacore Tuna Salad** celery, scallions, mayo, field greens, tomatoes, french baguette \$8.95
- Baked Crab Cake** field greens, tomatoes, red pepper mayo, french baguette \$9.95
- Tequila Lime Shrimp Wrap** marinated shrimp, jasmine rice, zesty lime mayo, pineapple salsa, garlic wrap \$8.95

deli by the pound

Sliced Provolone Cheese • \$ 5.99 / pound Sliced Cheddar Cheese • \$6.99 / pound Sliced Swiss Cheese • \$6.99 / pound Baked Crab Cakes • \$20 / 4	Sliced Ham • \$5.99 / pound Sliced Turkey • \$7.99 / pound Sliced Roast Beef • \$8.99 / pound Carolina Style Pulled Pork • \$10.99 / pound Ciabatta Bread • \$6.99 / 6 pieces	Chicken Salad • \$ 8.99 / pound Tuna Salad • \$11.50/ pound Egg Salad • \$ 7.25 / pound Mediterranean Pasta Salad • \$7.50 / pound Cole Slaw • \$7.50 / pound
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artisan salads & scoops

Signature Dressings: Balsamic Vinaigrette, Ranch, Honey Mustard, Bleu Cheese, Caesar, Cilantro Vinaigrette (V), Oriental Ginger, Italian Vinaigrette

Packets: FF Ranch, FF Italian, FF Raspberry Vinaigrette, French

Additions for Any Salad or Grab & Go Bowl: Grilled, Blackened or Santa Fe Chicken | Tofu D'Jour \$2.25 | Tequila Lime Shrimp \$5 | Grilled Veggies \$2.00

- Baja Chicken Salad** santa fe chicken breast, black bean & corn salsa, grape tomatoes, tri-color tortilla strips, cilantro vinaigrette \$8.95
- Chinese Chicken Salad** grilled chicken, oriental blend, red peppers, snow peas, green onion, black sesame seeds, wontons, ginger dressing \$8.95
- Classic Caesar** shaved parmesan, croutons, mediterranean pasta \$7.50
- With blackened chicken \$8.95
- Cranberry Harvest Salad** raisins, bleu cheese crumbles, spiced walnuts on a bed of field greens with raspberry vinaigrette \$8.95
- Chicken Salad Plate** chicken salad with fresh fruit & pasta d'jour \$8.95
- Albacore Tuna Salad Plate** albacore tuna salad with fresh fruit & pasta d'jour \$9.25
- Traditional Chicken Salad Scoop** with cracker packages \$3.95
- Albacore Tuna Salad Scoop** with cracker packages \$5.95
- Egg Salad Scoop** with cracker packages \$3.25
- California Cobb** turkey, bacon, grape tomatoes, boiled egg, bleu cheese, croutons, mixed greens, bleu cheese dressing \$9.95
- Classic Chef** turkey, ham, grape tomatoes, boiled egg, cucumbers, cheddar, homemade croutons, mixed greens, choice of dressing \$9.95
- Greek Salad** feta, sundried tomatoes, red onion, cucumbers, kalamata olives, red peppers, banana peppers, croutons, mixed greens, balsamic vinaigrette \$8.50
- Fresh Garden Salad (V)** mixed greens, cucumbers, grape tomatoes, croutons, choice of dressing \$6.50
- Side Caesar** romaine, parmesan cheese, croutons, served with caesar dressing \$4.50
- Side Garden (V)** mixed greens, cucumbers, grape tomatoes, croutons, choice of dressing \$4.95

accompaniments, desserts, beverages

We offer a wide range of Coca-Cola, Peak Teas & Honest Tea Products at every location. Individual Sodas/Teas \$2.25 ea

64oz Growlers: \$9.50 ea | Iced Tea or Lemonade | Available for Pick up or Delivery

ACCOMPANIMENTS \$2.75 ea	CHIPS \$1.75 ea	COOKIES \$1.75 ea	DESSERT BARS \$3.50 ea	SIGNATURE DESSERTS
Coleslaw	Plain	Chocolate Chip	Pecan Cappuccino	Rice Crispy Treat \$2.50
Mediterranean Pasta	Sour Cream	Heath Bar	Luscious Lemon	Italian Wedding Cake \$3.00
Fruit Salad (V)	Maui Onion	Oatmeal Raisin	Marble Cheesecake	Pumpkin Cream Cheese Cake \$2.75
Dill Potato Salad	Plain Chip Bowl \$8.00	Cookie Box \$15.50	Oreo Dream Bar	Peanut Butter Brownie \$3.00
				Dessert Bar Platter \$28.00

CURBSIDE PICK UP & DELIVERY AVAILABLE
order online at gourmetgang.com

15% added to all delivery orders - \$1.00 Min
Please Allow Minimum of 45 Minutes - 1 Hour

• Lunch Time is Best in Sandwich Form •
Offering Curbside Pick-up and Contactless Delivery!

Order Online at gourmetgang.com



Did you know we are also the areas largest caterer for platters and social events?

SPREADS, DIPS & PLATTERS

- Hot Artichoke Dip
- Roasted Corn Dip
- Charcuterie Board
- Domestic Cheese Platter
- Vegetable Platter
- Spinach & Artichoke Dip
- Chipotle Shrimp Dip
- Mediterranean Platter
- Hummus Trio
- Salsa Platter
- Seafood Antipasta
- Baked Chesapeake Bay Crab Dip
- Baked Brie Wheel In Puff Pastry
- Imported Cheese Platter
- Grilled Vegetable Platter
- Brie & Pesto Cheese Mold
- Fruit Platter
- Fresh Fruit Kebabs
- Fresh Whole Strawberries

Hors D'oeuvres

Vegetarian

- Handcrafted Miniature Quiche
- Oven Roasted Baby Potatoes
- Loaded Baby Potatoes
- Spanakopita
- Tomato, Mozzarella & Basil Bruschetta
- Phyllo Baked Brie Bites with Fresh Blueberries
- Spinach & Feta Stuffed Mushroom Caps with Parmesan
- Sugared Cranberry & Brie Canapes
- Antipasta Skewers
- Vegetable Cocktail Lumpia

Peach & Goat Cheese or Peach & Mozzarella Canapes (July only)

Summer Berry Caprese Skewers

Poultry

- Greek Chicken Skewers
- Thai Chicken Satay Drizzled
- Jamaican Jerk Chicken Skewers
- Chicken & Vegetable Skewers
- Buffalo Chicken Nuggets
- Caribbean Chicken Wings
- Mini Chicken Tacos

Beef

- Beef Filet with Red Onion Chutney
- Beef Cocktail Lumpia
- Vanilla Bourbon Steak Rumaki
- Prosciutto & Melon Skewers
- Swedish Meatballs

Seafood

- European Cucumber Cup
- Miniature Crab Cakes
- Mini Seafood Cakes
- Citrus Seared Rosemary Scallops
- Old Bay Shrimp Cocktail
- Champagne Picked Shrimp
- Coconut Fried Shrimp Skewers
- Blackened Tuna Tidbits Skewered
- Smoked Salmon Dill Bites
- Sesame Grilled Shrimp
- Mini KeyWest Style Mahi & Lobster Tacos

Signature Salads *Accompanied with serving utensils and salad dressings on the side. Med. - 6-8 guests, Lg. - 8-10 guests*

- Chinese Chicken Salad
- Cranberry Harvest Salad
- Greek Salad
- Chef Salad
- Chicken Caesar Salad
- California Cobb Salad
- Baja Chicken Salad

Traditional Salads *Accompanied with serving utensils and salad dressings on the side. Med. - 6-8 guests, Lg. - 8-10 guests*

- Traditional Garden Salad
- Traditional Caesar Salad

Classic Platters Sandwich Platters (seafood & vegan options available) Sm. - 5-7, Med. - 8-10, Lg. - 10-15 Deli Trays serves 10-15 Sm/Md/Lg

Signature Platters (serves 10-12) Lobster Rolls Brisket Sliders Italian Sandwichs Chipotle Shrimp Sliders

SERVICE OPTIONS

DELIVERY

The Gourmet Gang is happy to deliver any of its menu items to you with no minimum for delivery. We simply charge a delivery fee which goes directly to our drivers. So, if you need just one sandwich or enough food for your luncheon meeting, we have you covered.

DELIVERY WITH SET UP

If full service is a little over the top and delivery is not enough, we have the "Delivery With Set Up" option available to you. We still deliver the food to you, but we have one of our service staff stay with you for 1 hour to help in setting up the food. Everything is artfully displayed on our signature black plastic platters.

CURBSIDE CATERING PICK-UP

We offer convenient options for pick-up as well. You can feel free to pick-up your order from your nearest deli location or directly from our Corporate Office with our Curbside Pick-up Service.

FULL SERVICE EVENT CATERING

Our Catering team will help you in planning your event. We will design a custom quote for you that encompasses all of your needs - from food, rentals, service, florals and entertainment. We can even help in choosing a venue as we are a preferred caterer in most of the venues available in Hampton Roads.

Entrees *Each entree serves 8-12 guests. Accompanied with serving utensils and 12 artisan dinner rolls & butter.*

VEGETARIAN

- Three Cheese Lasagna
- Eggplant Parmesan
- Butternut Squash
- Curried Tofu

BEEF

- Seasoned Beef Shoulder
- Classic Lasagna
- Over Roasted Beef Brisket
- Barbecue Meatloaf
- Corned Beef & Cabbage

POULTRY

- Lemon Artichoke Chicken
- Rosemary Chicken
- Chicken Alfredo
- Chicken Marsala
- Jamaican Jerk Chicken
- Chicken Cordon Bleu
- Tuscan Chicken
- Chicken Parmesan
- Chicken Saltimbocca
- Herb Roasted Chicken

PORK

- Pork Tenderloin
- Kahuka Style Pulled Pork
- Carolina Style BBQ

SEAFOOD

- Chesapeake Bay Crabcakes
- Jamaican Jerk Shrimp
- Mango Seafood Cakes (Shrimp & Scallops)
- Crab Stuffed Tilapia
- Mediterranean Shrimp
- Shrimp Scampi
- Shrimp Alfredo
- Seafood Jumbalaya

Signature Stations & Displays *Minimum of 100 guests is recommended. 25 serving displays.*

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| <input type="checkbox"/> Charcuterie Boards | <input type="checkbox"/> Chilled Shrimp Display | <input type="checkbox"/> Ice Carvings Available |
| <input type="checkbox"/> Pickled Vegetables Accompaniment | <input type="checkbox"/> Bruschetta Bar Display | <input type="checkbox"/> Antipasta Display |
| <input type="checkbox"/> Nuts, Mustard & Marmalade Accompaniment | <input type="checkbox"/> International Fruit & Cheese | <input type="checkbox"/> Canape Display |
| <input type="checkbox"/> Short Breads & Palmiers Accompaniment | <input type="checkbox"/> Eastern Shore Raw Bar | |

Chilled Accompaniments

- Mediterranean Pasta Salad
- Potato Salad D'Jour
- Pasta D'Lour
- Fruit Salad

Hot Accompaniments

- | | | |
|---|---|--|
| <input type="checkbox"/> Asparagus | <input type="checkbox"/> Rosemary Potatoes | <input type="checkbox"/> Bourbon Glazed-Butternut Squash |
| <input type="checkbox"/> Green Beans w/Peppers & Onions | <input type="checkbox"/> Rustic Mashed Potatoes | <input type="checkbox"/> Baked Beans |
| <input type="checkbox"/> Roasted Vegetables | <input type="checkbox"/> Wild Rice Pilaf | <input type="checkbox"/> Broccoli, Cauliflower, Carrots |
| <input type="checkbox"/> Steamed Broccoli | <input type="checkbox"/> Macaroni & Cheese | |

Sweets

- | | | |
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| <input type="checkbox"/> Miniature Pies (12) | <input type="checkbox"/> Bread Pudding | <input type="checkbox"/> Pumpkin Cream Cheese Swirls (20 or 40) |
| <input type="checkbox"/> Bundt Cake | <input type="checkbox"/> Gourmet Cupcakes (12 or 16) | <input type="checkbox"/> Assorted Dessert Sampler (30) |
| <input type="checkbox"/> Apple Crisp | <input type="checkbox"/> Miniature Cannolis | <input type="checkbox"/> Dessert Bar Platter (32) |
| | <input type="checkbox"/> Italian Wedding Cake | <input type="checkbox"/> Mini Cookie Box (40) |

Beverages

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| <input type="checkbox"/> Juices (orange, cranberry, apple) | <input type="checkbox"/> Raspberry Lemonade w/mint | <input type="checkbox"/> Coffee & Hot Tea |
| <input type="checkbox"/> Assorted Coca-Cola Bottles | <input type="checkbox"/> Iced Tea | - JOE TO GO (10-12) |
| <input type="checkbox"/> Peak Teas & Perrier | <input type="checkbox"/> Pink Lemonade | - JOE TO GO LARGE (45) |
| <input type="checkbox"/> Sparkling Citrus Punch w/mint | <input type="checkbox"/> 5lb. Bag Ice | |

Breakfast

- | | |
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| <input type="checkbox"/> Yogurt Parfait with Fresh Fruit (9) | <input type="checkbox"/> Vegan Breakfast Casserole |
| <input type="checkbox"/> Mini Bagel Bites (16) | <input type="checkbox"/> Veggie Frittata |
| <input type="checkbox"/> Assorted Breakfast (26 or 48) | <input type="checkbox"/> Meat Frittata |
| <input type="checkbox"/> Assorted Danish & Cinnamon Buns | <input type="checkbox"/> Mini Ham Croissants (12) |
| <input type="checkbox"/> Assorted Bagels | <input type="checkbox"/> Scrambled Eggs |
| <input type="checkbox"/> Classic Mini Muffins (36) | <input type="checkbox"/> Scrambled Eggs with Cheese |
| <input type="checkbox"/> Hand Pressed Miniature Quiche (12) | <input type="checkbox"/> Egg, Cheese & Potato Casserole |
| <input type="checkbox"/> Breakfast Sandwich Biscuits (12) | <input type="checkbox"/> Rosemary Roasted Potatoes |
| <input type="checkbox"/> Mini Sweet Potato Ham Biscuits (24) | <input type="checkbox"/> Potatoes O'Brien |
| <input type="checkbox"/> Egg Biscuits (12) | <input type="checkbox"/> Sausage Patties or Bacon (12) |
| <input type="checkbox"/> French Toast Casserole | |