

THE GOURMET GANG

GOURMETGANG.COM

menu features:

SOUPS

TOMATO BASIL
with croutons
\$4.95

PASTA

SPINACH PESTO
with sundried tomatoes, fennel and
parmesan cheese

SANDWICH

REUBEN SANDWICH

corned beef, swiss, sauerkraut & dill
pickle, topped with special sauce on rye
bread \$9.25

VEGETARIAN REUBEN

tempeh, swiss, sauerkraut & dill pickle
with vegan special sauce on rye bread
(remove the cheese and go vegan) \$9.50

SALAD

SPINACH AND ROASTED SWEET POTATO

goat cheese, raisins, roasted
pumpkin seeds, red onions, with
pumpkin butter vinaigrette
\$9.25

sandwiches

Artisan Style Breads Available: French Baguette, Ciabatta, Multigrain Ciabatta, Sundried Tomato Ciabatta, Stirato

chicken

Santa Fe Chicken roasted red peppers,
melted cheddar, red pepper mayo, french
baguette \$7.50

Traditional Chicken Salad field greens,
tomatoes, french baguette \$7.50

Blackened Chicken Breast provolone cheese,
roasted red peppers, red pepper mayo,
french baguette \$7.50

Southwestern Wrap spicy chicken, jasmine rice,
black bean & corn salsa, sundried tomato wrap
\$7.50

Teriyaki Chicken Wrap grilled chicken, jasmine
rice, pineapple salsa, oriental ginger dressing,
garlic wrap \$7.25

Chicken Cordon Bleu grilled chicken, ham,
swiss cheese, honey mustard, ciabatta
bread \$7.95

deli

Turkey and Provolone fresh basil mayo,
roasted red peppers, french baguette \$6.75

Sammie Wammie turkey, thousand Island
dressing, coleslaw, swiss cheese, ciabatta \$7.25

Ham & Swiss chipotle pepper & adobo mayo,
field greens, tomatoes, ciabatta \$7.25

Roast Beef, Bacon & Cheddar premium roast
beef, horseradish mayo, french baguette \$7.25

Italian Sandwich hard salami, feta, red onions,
field greens, sundried tomato ciabatta, side of
balsamic vinaigrette \$7.25

Club Sandwich roast beef, turkey, bacon,
provolone, lettuce, tomato, horseradish mayo,
french baguette \$7.95

Ham and Provolone honey mustard, field
greens, multigrain ciabatta \$7.25

North Carolina BBQ traditional coleslaw on a
french baguette \$7.25

Smoked Gouda & Spinach Blend Club turkey,
ham, caramelized onions, Dijon mustard, stirato
bread \$7.95

vegetarian

Fresh Mozzarella tomatoes, basil mayo, cracked
pepper & sea salt, ciabatta \$6.95

Grilled Vegetables seasonal grilled veggies,
provolone, basil mayo, french baguette \$7.25

Spinach Wrap spinach with feta, egg & bread
crumbs, field greens, tomatoes, red pepper mayo,
spinach wrap \$6.95

vegan

Smoked Tempeh & Avocado lettuce, tomatoes,
avocado, vegan mayo, french baguette \$7.95

Southwestern Vegan Burger roasted corn,
peppers, onions, green chilies, jasmine rice, black
beans, cilantro, tomatoes, field greens, avocado,
vegan mayo, tomato wrap \$8.00

seafood

Albacore Tuna Salad celery, scallions, mayo, field
greens, tomatoes, french baguette \$7.75

Baked Crab Cake field greens, tomatoes, red
pepper mayo, french baguette \$8.75

Tequila Lime Shrimp Wrap marinated shrimp,
jasmine rice, zesty lime mayo, pineapple salsa,
garlic wrap \$8.75

artisan salads & scoops

Signature Dressings: Balsamic Vinaigrette, Ranch, Honey Mustard, Bleu Cheese, Caesar, Cilantro Vinaigrette, Oriental Ginger, Italian Vinaigrette

Packets: FF Ranch, FF Italian, FF Raspberry Vinaigrette, French

Additions for Any Salad or Grab & Go Bowl:

Grilled, Blackened or Santa Fe Chicken | Tofu Djour \$2.25 | Tequila Lime Shrimp \$5 | Grilled Veggies \$1.50

GRAB & GO

Asian Noodle Bowl

with linguine, bok choy, peanuts, fresh
basil with an asian style dressing \$7.95

Mini Ham & Cheese Quiche Plate with Fresh Fruit

6-inch traditional quiche served with
fresh fruit. \$8.50

Eggplant Parmesan Entrée

hand breaded sliced eggplant with
marinara sauce and mozzarella
cheese served with steamed
vegetables \$9.50

Tuscan Tofu & Kale Salad Bowl

Tuscan tofu, mixed greens, matchstick
carrots, raisins, dried apricots
with a savory granola and a citrus
vinaigrette \$7.95

Mini Spinach & Cheese Quiche Plate with Fresh Fruit

6-inch traditional quiche served with
fresh fruit. \$8.50

Baja Chicken Salad santa fe chicken breast, black bean & corn salsa,
roma tomatoes, tri-color tortilla strips, cilantro vinaigrette \$8.75

Chinese Chicken Salad grilled chicken, oriental blend, red peppers, snow
peas, green onion, black sesame seeds, wontons, ginger dressing \$8.75

Italian Salad spinach blend, red onion, grape tomatoes, parmesan
cheese, genoa salami, banana peppers, italian vinaigrette \$9.25

Classic Caesar shaved parmesan, croutons, mediterranean pasta \$7.00
With blackened chicken \$8.75

California Cobb turkey, bacon, roma tomatoes, boiled egg, bleu cheese,
croutons, mixed greens, bleu cheese dressing \$8.75

Chicken Salad Plate traditional chicken salad with fresh fruit &
pasta d'jour \$7.25

Albacore Tuna Salad Plate albacore tuna salad with fresh fruit &
pasta d'jour \$8.25

Classic Chef turkey, ham, roma tomatoes, boiled egg, cucumbers, cheddar,
homemade croutons, mixed greens, choice of dressing \$8.75

Cranberry Harvest Salad raisins, bleu cheese crumbles, spiced walnuts
on a bed of field greens with raspberry vinaigrette \$8.75

Greek Salad feta, sundried tomatoes, red onion, cucumbers, kalamata
olives, red peppers, banana peppers, croutons, mixed greens, balsamic
vinaigrette \$8.50

Fresh Garden Salad mixed greens, cucumbers, roma tomatoes, croutons,
choice of dressing \$5.95

Side Caesar romaine, parmesan cheese, croutons, served with caesar
dressing \$4.00

Side Garden mixed greens, cucumbers, roma tomatoes, croutons,
choice of dressing \$4.00

Traditional Chicken Salad Scoop with cracker packages \$3.95

Traditional Tuna Salad Scoop with cracker packages \$4.95

accompaniments, desserts, beverages

We offer a wide range of Coca-Cola, Peak Teas & Honest Tea Products at every location. Individual Sodas/Teas \$1.99 ea
64oz Growlers: \$9.50 ea | Iced Tea or Lemonade | Available for Pick up or Delivery

ACCOMPANIMENTS \$2.25 ea

Pasta Djour
Mediterranean Pasta
Dill Potato Salad
Fruit Salad

CHIPS \$1.50 ea

Plain BBQ Salt & Vin
Sour Cream Maui Onion Funky Fusion
Jalapeno Salt & Pep Reduced Fat
Catering Chip Bowl \$8.00

COOKIES \$1.50 ea

Chocolate Chip
Heath Bar
Triple Chocolate
Cookie Box \$14.00

DESSERT BARS \$2.50 ea

Pecan Cappuccino
Luscious Lemon
Marble Cheesecake
Oreo Dream Bar

SIGNATURE DESSERTS

Peanut Butter Brownie \$1.75
Rice Crispy Treat \$2.50
Italian Wedding Cake \$3.00
Dessert Bar Platter \$28.00

PICK UP _____ DELIVERY _____

12.5% added to all delivery orders - \$1.00 Min
Delivery Time: _____
Allow Minimum of 45 Minutes

**When You're Young At Heart,
The Rest Of You Is Sure To Follow Along**
gourmetgang.com