

THE GOURMET GANG

GOURMETGANG.COM

PASTA DJOUR
Lemon Basil Penne
with parmesan cheese and fresh basil

SANDWICH SPECIAL
Grilled Portobello Mushrooms
with bleu cheese, field greens and roma tomatoes on a French baguette or multigrain ciabatta with basil mayo 6.95

SALAD SPECIAL
Tropical Fruit Salad
pineapples, mangos, strawberries over a bed of mixed greens with a touch of salt & pepper topped with a candied coconut-almond crunch and raspberry vinaigrette dressing 8.50

Signature Sandwiches

Artisan Style Breads Available
French Baguette, Ciabatta, Multigrain Ciabatta, Sundried Tomato Ciabatta, Stirato

Chicken

- Santa Fe Chicken** roasted red peppers, melted cheddar, red pepper mayo, french baguette 7.50
- Traditional Chicken Salad** field greens, roma tomatoes, french baguette 7.50
- Blackened Chicken Breast** provolone cheese, roasted red peppers, red pepper mayo, french baguette 7.50
- Southwestern Wrap** spicy chicken breast, jasmine rice, black bean & corn salsa, sun dried tomato wrap 7.25
- Teriyaki Chicken Wrap** grilled chicken, jasmine rice, pineapple salsa, oriental ginger dressing, garlic wrap 7.25
- Chicken Cordon Bleu** grilled chicken, ham, swiss cheese, honey mustard, ciabatta bread 7.95

Seafood

- Albacore Tuna Salad** celery, scallions, mayo, field greens, roma tomatoes, french baguette 7.75
- Baked Crab Cake** field greens, roma, tomatoes, red pepper mayo, french baguette 8.75
- Tequila Lime Shrimp Wrap** marinated shrimp, jasmine rice, zesty lime mayo, pineapple salsa, garlic wrap 8.75
- Shrimp Banh Mi** marinated shrimp, fresh jalapenos, radish slices and a vietnamese slaw (carrots, bean sprouts, basil, onion & cilantro) sriracha, vegan mayo, french baguette 10.25

Deli

- Turkey and Provolone** fresh basil mayo, roasted red peppers, french baguette 6.75
- Sammie Wammie** turkey, thousand Island dressing, coleslaw, swiss cheese, ciabatta 7.25
- Ham & Swiss** chipotle pepper & adobo mayo, field greens, roma tomatoes, ciabatta 7.25
- Roast Beef, Bacon & Cheddar** premium eye-of-round, horseradish mayo, french baguette 7.25
- Italian Sandwich** hard salami, feta, red onions, field greens, sundried tomato ciabatta, side of balsamic vinaigrette 7.25
- Club Sandwich** roast beef, turkey, bacon, provolone, lettuce, tomato, horseradish mayo, french baguette 7.95
- Ham and Provolone** honey mustard, field greens, multigrain ciabatta 7.25

Signature Deli

- North Carolina BBQ** with traditional coleslaw on a french baguette 7.25
- Smoked Gouda & Spinach Blend Club** turkey, ham, caramelized onions, Dijon mustard, stirato bread 7.95

Vegetarian

- Fresh Mozzarella** roma tomatoes, basil mayo, cracked pepper & sea salt, ciabatta 6.95
- Grilled Vegetables** assorted seasonal grilled vegetables, provolone cheese, basil mayo, french baguette 7.25
- Spinach Wrap** spinach with feta, egg & bread crumbs, field greens, tomatoes, red pepper mayo, spinach wrap 6.95
- Smoked Gouda & Spinach Blend** caramelized onions, dijon mustard, stirato bread 6.95

Vegan

- Southwestern Vegan Burger** roasted corn, peppers, onions, green chilies, jasmine rice, black beans, cilantro, roma tomatoes, field greens, avocado, vegan mayo, tomato wrap 8.00
- Tofu Banh Mi** marinated tofu, fresh jalapenos, radish slices and a vietnamese slaw (carrots, bean sprouts, basil, onion & cilantro) sriracha, vegan mayo, french baguette 7.95
- Smoked Tempeh & Avocado** lettuce, roma tomatoes, avocado, vegan mayo, french baguette 7.95

Accompaniments

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|-----------------|------|---------------|------|
| Fruit Salad | 2.25 | Traditional | 2.25 |
| \$7.00lb | | Potato Salad | |
| | | \$6.50 lb | |
| Mediterranean | 2.25 | Pasta Special | 2.25 |
| Pasta /\$6.50lb | | \$6.50lb | |

Chips: \$1.50 **Gluten Free**

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|--------------|---------------|-------------|
| Plain | Funky Fusion | Jalapeno |
| Maui Onion | Salt & Pepper | BBQ |
| Salt & Vin | Sour Cream | Reduced Fat |
| Sweet Potato | | |

Cookies: \$1.50 ea

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|------------|-------|-------|
| Choc. Chip | Heath | Lemon |
|------------|-------|-------|

Dessert Bars: \$2.50 ea

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|-------------------|----------------|
| Pecan Cappuccino | Luscious Lemon |
| Marble Cheesecake | Oreo Dream Bar |

Peanut Butter Brownie Bar \$1.75

Chocolate Drizzle Rice Crispy Treat \$2.50

Italian Wedding Cake Slice \$3.00

Dessert Bar Platter (32 asst. mini bars) \$28.00

Mini Cookie Box (40 asst. mini cookies) \$14.00

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"Life is 10% What Happens to You
And 90% How You React to It"

-Charles R Swindoll

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Artisan Salads, Plates & Scoops

*Ask Us About Our Gluten Free Salad Options

All Of Our Hand Cut Chicken, Seafood or Deli Options May Be Added To Any Salad
Grilled, Blackened or Santa Fe Chicken \$2.25 – Tequila Lime Tofu \$2.25 – Tequila Lime Shrimp \$5

- Baja Chicken Salad** santa fe chicken breast, black bean & corn salsa, roma tomatoes, tri-color tortilla strips, cilantro vinaigrette 8.75
- Chinese Chicken Salad** grilled chicken, oriental blend, red peppers, snow peas, green onion, black sesame seeds, wonton noodles, ginger dressing 8.75
- Italian Salad** spinach blend, red onion, grape tomatoes, parmesan cheese, genoa salami, banana peppers, Italian vinaigrette 9.25
- Classic Caesar** shaved parmesan, croutons, mediterranean pasta 7.00
- With blackened chicken** 8.75
- California Cobb** turkey, bacon, roma tomatoes, boiled egg, bleu cheese, croutons, mixed greens, bleu cheese dressing 8.75
- Classic Chef** turkey, ham, roma tomatoes, boiled egg, cucumbers, cheddar, homemade croutons, mixed greens, choice of dressing 8.75
- Strawberry Bleu Salad** sliced strawberries, bleu cheese crumbles, spiced walnuts on a bed of field greens with balsamic vinaigrette 8.75
- Greek** feta, sundried tomatoes, red onion, cucumbers, kalamata olives, red peppers, banana peppers, croutons, mixed greens, balsamic vinaigrette 8.50

- Fresh Garden Salad** mixed greens, cucumbers, roma tomatoes, croutons, choice of dressing 5.95
- Side Caesar** romaine, parmesan cheese, croutons, caesar dressing 4.00
- Side Garden** mixed greens, cucumbers, roma tomatoes, croutons, choice of dressing 4.00

Salad Plates & Scoops

- Mini Quiche Plate with Fresh Fruit** 8.50
6 inch traditional quiche served with fresh fruit. Choose from:
Ham & Cheese or Spinach & Cheese
- Asian Noodle Bowl** with linguine, bok choy, peanuts and basil with an asian style dressing 7.95
- Add On: Gr. Chicken \$2.25, Tofu \$2.25, Tequila Lime Shrimp \$5**
- Chicken Salad Plate** traditional chicken salad with fresh fruit & pasta d'jour 7.25
- Albacore Tuna Salad Plate** Albacore tuna salad with fresh fruit & pasta d'jour 8.25
- Traditional Chicken Salad Scoop** 3.95
with cracker packages
- Albacore Tuna Salad Scoop** 4.95
with cracker packages

Signature Dressings: Balsamic Vinaigrette, Ranch, Honey Mustard, Bleu Cheese, Caesar, Cilantro Vinaigrette, Oriental Ginger, Italian Vinaigrette
Packets: FF Ranch, FF Italian, FF Raspberry vinaigrette, French

Beverages

BEVERAGES \$1.89 Coke, Diet Coke, Sprite, Water, Perrier, Sparkling Smart Water
Honest-Teas: Tea & Lemonade, Pomegranate Blue
PEAK TEAS: \$1.89 Green Tea, Diet Tea, Sweet Tea, Unsweet Tea, Peach Tea, Raspberry Tea
Gallon Beverages: \$10 ea Half Gallon Beverages \$5.50 ea: Iced Tea or Lemonade
Plate, napkin, cup, and plastic utensils: \$.50per person

PICK UP: _____ DELIVERY _____

12.5% added to all delivery orders - \$1.00 Minimum
Delivery Time: _____ Allow Minimum of 45 Minutes