

THE GOURMET GANG

GOURMETGANG.COM

PASTA DJOUR
Lemon Basil Penne Pasta
with parmesan cheese and fresh basil

SANDWICH SPECIAL
Turkey with Avocado
provolone, bacon, with mayo on a french baguette 7.95

SALAD SPECIAL
Tequila Lime Shrimp Salad
tequila lime shrimp, mixed greens, black bean & corn salsa, diced roma tomatoes, tri-color tortilla strips with cilantro vinaigrette 10.25

Signature Sandwiches

Artisan Style Breads Available
French Baguette, Ciabatta, Multigrain Ciabatta, Sundried Tomato Ciabatta, Stirato

Chicken

- Santa Fe Chicken roasted red peppers, melted cheddar, red pepper mayo, french baguette 7.50
- Traditional Chicken Salad field greens, roma tomatoes, french baguette 7.50
- Blackened Chicken Breast provolone cheese, roasted red peppers, red pepper mayo, french baguette 7.50
- Southwestern Wrap spicy chicken breast, jasmine rice, black bean & corn salsa, sun dried tomato wrap 7.25
- Teriyaki Chicken Wrap grilled chicken, jasmine rice, pineapple salsa, oriental ginger dressing, garlic wrap 7.25
- Chicken Cordon Bleu grilled chicken, ham, swiss cheese, honey mustard, ciabatta bread 7.95
- Albacore Tuna Salad celery, scallions, mayo, field greens, roma tomatoes, french baguette 7.75
- Baked Crab Cake field greens, roma, tomatoes, red pepper mayo, french baguette 8.75
- Tequila Lime Shrimp Wrap marinated shrimp, jasmine rice, zesty lime mayo, pineapple salsa, garlic wrap 8.75
- Shrimp Banh Mi marinated shrimp, fresh jalapenos, radish slices and a vietnamese slaw (carrots, bean sprouts, basil, onion & cilantro) sriracha, vegan mayo, french baguette 10.25

Seafood

Deli

- Turkey and Provolone fresh basil mayo, roasted red peppers, french baguette 6.75
- Sammie Wammie turkey, thousand Island dressing, coleslaw, swiss cheese, ciabatta 7.25
- Ham & Swiss chipotle pepper & adobo mayo, field greens, roma tomatoes, ciabatta 7.25
- Roast Beef, Bacon & Cheddar premium eye-of-round, horseradish mayo, french baguette 7.25
- Italian Sandwich hard salami, feta, red onions, field greens, sundried tomato ciabatta, side of balsamic vinaigrette 7.25
- Club Sandwich roast beef, turkey, bacon, provolone, lettuce, tomato, horseradish mayo, french baguette 7.95
- Ham and Provolone honey mustard, field greens, multigrain ciabatta 7.25

Signature Deli

- North Carolina BBQ with traditional coleslaw on a french baguette 7.25
- Smoked Gouda & Spinach Blend Club turkey, ham, caramelized onions, Dijon mustard, stirato bread 7.95

Vegetarian

- Fresh Mozzarella roma tomatoes, basil mayo, cracked pepper & sea salt, ciabatta 6.95
- Grilled Vegetables assorted seasonal grilled vegetables, provolone cheese, basil mayo, french baguette 7.25
- Spinach Wrap spinach with feta, egg & bread crumbs, field greens, tomatoes, red pepper mayo, spinach wrap 6.95
- Smoked Gouda & Spinach Blend caramelized onions, dijon mustard, stirato bread 6.95

Vegan

- Southwestern Vegan Burger roasted corn, peppers, onions, green chilies, jasmine rice, black beans, cilantro, roma tomatoes, field greens, avocado, vegan mayo, tomato wrap 8.00
- Tofu Banh Mi marinated tofu, fresh jalapenos, radish slices and a vietnamese slaw (carrots, bean sprouts, basil, onion & cilantro) sriracha, vegan mayo, french baguette 7.95
- Smoked Tempeh & Avocado lettuce, roma tomatoes, avocado, vegan mayo, french baguette 7.95

Accompaniments

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|--------------------|------------------------|
| Fruit Salad 2.25 | Dill Potato Salad 2.25 |
| \$7.00lb | \$6.50 lb |
| Mediterranean 2.25 | Pasta Special 2.25 |
| Pasta /\$6.50lb | \$6.50lb |
- Chips: \$1.50 ****Gluten Free****
- | | | |
|--------------|---------------|-------------|
| Plain | Funky Fusion | Jalapeno |
| Maui Onion | Salt & Pepper | BBQ |
| Salt & Vin | Sour Cream | Reduced Fat |
| Sweet Potato | | |
- Cookies: \$1.50 ea
- | | | |
|------------|-------|-------|
| Choc. Chip | Heath | Lemon |
|------------|-------|-------|
- Dessert Bars: \$2.50 ea
- | | |
|-------------------|----------------|
| Pecan Cappuccino | Luscious Lemon |
| Marble Cheesecake | Oreo Dream Bar |
- Peanut Butter Brownie Bar \$1.75
Chocolate Drizzle Rice Crispy Treat \$2.50
Italian Wedding Cake Slice \$3.00
- Dessert Bar Platter (32 asst. mini bars) \$28.00
Mini Cookie Box (40 asst. mini cookies) \$14.00

Artisan Salads, Plates & Scoops

**Ask Us About Our Gluten Free Salad Options*

All Of Our Hand Cut Chicken, Seafood or Deli Options May Be Added To Any Salad Grilled, Blackened or Santa Fe Chicken \$2.25 – Tequila Lime Tofu \$2.25 – Tequila Lime Shrimp \$5

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| Baja Chicken Salad santa fe chicken breast, black bean & corn salsa, roma tomatoes, tri-color tortilla strips, cilantro vinaigrette 8.75 | Fresh Garden Salad mixed greens, cucumbers, roma tomatoes, croutons, choice of dressing 5.95 |
| Chinese Chicken Salad grilled chicken, oriental blend, red peppers, snow peas, green onion, black sesame seeds, wonton noodles, ginger dressing 8.75 | Side Caesar romaine, parmesan cheese, croutons, caesar dressing 4.00 |
| Italian Salad spinach blend, red onion, grape tomatoes, parmesan cheese, genoa salami, banana peppers, Italian vinaigrette 9.25 | Side Garden mixed greens, cucumbers, roma tomatoes, croutons, choice of dressing 4.00 |
| Classic Caesar shaved parmesan, croutons, mediterranean pasta 7.00 | |
| With blackened chicken 8.75 | |
| California Cobb turkey, bacon, roma tomatoes, boiled egg, bleu cheese, croutons, mixed greens, bleu cheese dressing 8.75 | |
| Classic Chef turkey, ham, roma tomatoes, boiled egg, cucumbers, cheddar, homemade croutons, mixed greens, choice of dressing 8.75 | |
| Strawberry Bleu Salad sliced strawberries, bleu cheese crumbles, spiced walnuts on a bed of field greens with balsamic vinaigrette 8.75 | |
| Greek feta, sundried tomatoes, red onion, cucumbers, kalamata olives, red peppers, banana peppers, croutons, mixed greens, balsamic vinaigrette 8.50 | |

Salad Plates & Scoops

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| Mini Quiche Plate with Fresh Fruit 6 inch traditional quiche served with fresh fruit. Choose from: Ham & Cheese or Spinach & Cheese 8.50 | |
| Asian Noodle Bowl with linguine, bok choy, peanuts and basil with an asian style dressing 7.95 | |
| Add On: Gr. Chicken \$2.25, Tofu \$2.25, Tequila Lime Shrimp \$5 | |
| Chicken Salad Plate traditional chicken salad with fresh fruit & pasta d'jour 7.25 | |
| Albacore Tuna Salad Plate Albacore tuna salad with fresh fruit & pasta d'jour 8.25 | |
| Traditional Chicken Salad Scoop with cracker packages 3.95 | |
| Albacore Tuna Salad Scoop with cracker packages 4.95 | |
- Signature Dressings: Balsamic Vinaigrette, Ranch, Honey Mustard, Bleu Cheese, Caesar, Cilantro Vinaigrette, Oriental Ginger, Italian Vinaigrette

Packets: FF Ranch, FF Italian, FF Raspberry vinaigrette, French

Beverages

- BEVERAGES \$1.89 Coke, Diet Coke, Sprite, Water, Perrier, Sparkling Smart Water Honest-Teas: Tea & Lemonade, Pomegranate Blue
PEAK TEAS: \$1.89 Green Tea, Diet Tea, Sweet Tea, Unsweet Tea, Peach Tea, Raspberry Tea
Gallon Beverages: \$10 ea Half Gallon Beverages \$5.50 ea: Iced Tea or Lemonade
Plate, napkin, cup, and plastic utensils: \$.50per person
- PICK UP: _____ DELIVERY _____
12.5% added to all delivery orders - \$1.00 Minimum
Delivery Time: _____ Allow Minimum of 45 Minutes

"Education's Purpose is to Replace an Empty Mind"

-Malcom S Forbes
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